**Wirral Metro Spring Gala** 7TH & 8TH MARCH 2020

ENTRANCE FEES £8.00 PER DAY £6.00 PER DAY OAP CHILDREN UNDER 16 FREE

IF YOU LEAVE BEFORE THE AFTERNOON WARM-UP AND HAND YOUR ADMISSION BAND BACK YOU WILL RECEIVE A £4.00 REFUND, £3.00 OAP. ADMISSION BANDS MUST BE WORN AT ALL TIMES TO GAIN ENTRY TO THE GALLERY/SPECTATOR AREA

WEEKEND PROGRAMMES £2.00

ENTRANCE TO THE BALCONY WILL BE AT 7.35am.

POOLSIDE FOR COACHES, SWIMMERS & TEAM MANAGERS WILL BE AT 7.25am.

PLEASE REMEMBER WIRRAL METRO HAVE TRIED TO ACCOMMODATE AS MANY SWIMMERS AS POSSIBLE TO THIS MEET, AS WE RECOGNISE THIS IS THE ONE OF THE LAST OPPORTUNITIES TO ACHIEVE REGIONAL TIMES. THEREFORE, POOLSIDE AND ESPECIALLY THE BALCONY WILL BE EXTREMELY BUSY AND QUITE COSY, CAN I THEREFORE ASK SPECTATORS AND SWIMMERS TO BE TOLERANT, ALL HELPERS AROUND POOLSIDE ARE VOLUNTEERS AND ARE HERE TO MAKE THE GALA RUN AS SMOOTH AS POSSIBLE.

ONLY TEAM MANAGERS, COACHES, OFFICIALS AND VOLUNTEERS ARE ALLOWED POOLSIDE AT ANY TIME DURING THE GALA. PARENTS ARE NOT TO USE THE ENTRANCE FROM THE CHANGING ROOMS ONTO POOLSIDE TO ACCESS THE BALCONY/SPECTATOR AREA. PARENTS ARE NOT ALLOWED POOLSIDE AT ANY TIME UNLESS THEY HAVE AN OFFICIAL OR DESIGNATED POOLSIDE PASS ISSUED THROUGH WIRRAL METRO SWIMMING CLUB

**Warm Up times**

*SATURDAY AM – SESSION 1*

7.55 – 8.10 GIRLS & BOYS 9 AND 10

8.10 – 8.25 GIRLS & BOYS 11

8.25 – 8.40 GIRLS 12 & BOYS 12 AND 13

8.40 – 8.55 GIRLS 13 & BOYS 14

8.55 – 9.10 GIRLS 14 & OVER, BOYS 15 & OVER

LAST 5 MINUTES OF EACH WARM UP WILL BE FOR DIVES. 1,2,5 & 6. LANES 3 & 4 FOR SWIMMING

*SATURDAY PM – SESSION 2*

1.40 – 1.55 GIRLS & BOYS 9 AND 10

1.55 – 2.10 GIRLS & BOYS 11

2.10 – 2.25 GIRLS 12 & BOYS 12 AND 13

2.25 – 2.40 GIRLS 13 & BOYS 14

2.40 – 2.55 GIRLS 14 & OVER, BOYS 15 & OVER

LAST 5 MINUTES OF EACH WARM UP WILL BE FOR DIVES. 1,2,5 & 6. LANES 3 & 4 FOR SWIMMING

*SUNDAY AM – SESSION 3*

7.55 – 8.10 GIRLS & BOYS 9 AND 10

8.10 – 8.25 GIRLS & BOYS 11

8.25 – 8.40 GIRLS & BOYS 12

8.40 – 8.55 GIRLS & BOYS 13

8.55 – 9.10 GIRLS & BOYS 14 & OVER

LAST 5 MINUTES OF EACH WARM UP WILL BE FOR DIVES. 1,2,5 & 6. LANES 3 & 4 FOR SWIMMING

SUNDAY AM – SESSION 3

7.55 – 8.10 GIRLS & BOYS 9 AND 10

8.10 – 8.25 GIRLS & BOYS 11

8.25 – 8.40 GIRLS & BOYS 12

8.40 – 8.55 GIRLS & BOYS 13

8.55 – 9.10 GIRLS & BOYS 14 & OVER

LAST 5 MINUTES OF EACH WARM UP WILL BE FOR DIVES. 1,2,5 & 6. LANES 3 & 4 FOR SWIMMING

**Accepted Entries**

 **1 Allen, Chloe** - Female - Age: 11

#18 Girls 9-18 100 Back 1:30.45

#22 Girls 9-18 200 Breast 3:50.33

#27 Girls 9-18 100 Fly 1:41.86

#29 Girls 9-18 50 Back 44.54

 **2 Carr-Richards, Millicent** - Female - Age: 11

#2 Girls 9-18 200 IM 3:28.16

#6 Girls 9-18 50 Free 37.13

#18 Girls 9-18 100 Back 1:33.56

#27 Girls 9-18 100 Fly NT

#29 Girls 9-18 50 Back 45.81 4/4

 **3 Evans, Laura** - Female - Age: 12

#4 Girls 9-18 100 Breast 1:32.67

#13 Girls 9-18 50 Breast 43.28

#22 Girls 9-18 200 Breast 3:13.39

#27 Girls 9-18 100 Fly 1:35.37

 **4 Evans, Luke** - Male - Age: 10

#3 Boys 9-18 100 Back 1:30.42

#10 Boys 9-18 200 Free 2:50.32

#21 Boys 9-18 50 Free 36.04

#26 Boys 9-18 100 Free 1:20.30

 **5 Hoban, John** - Male - Age: 11

#26 Boys 9-18 100 Free 1:38.20

#28 Boys 9-18 50 Breast 53.76

 **6 Hunter, Oliver** - Male - Age: 9

#21 Boys 9-18 50 Free 58.38

#26 Boys 9-18 100 Free 2:08.38

**7 Lai, Shelby** - Female - Age: 12

#6 Girls 9-18 50 Free 36.53

 **8 Morley, Grace** - Female - Age: 13

#6 Girls 9-18 50 Free 34.39

#8 Girls 9-18 200 Back 2:56.82

#11 Girls 9-18 100 Free 1:12.74

#13 Girls 9-18 50 Breast 43.81

 **9 Murray, Callum** - Male - Age: 10

#10 Boys 9-18 200 Free 3:28.45

#14 Boys 9-18 50 Back 53.89

 **10 Polhill, Erin** - Female - Age: 10

#4 Girls 9-18 100 Breast 1:42.22

#8 Girls 9-18 200 Back 4:10.23

#11 Girls 9-18 100 Free 1:48.41

#13 Girls 9-18 50 Breast 54.22

 **11 Stubbs, Harry** - Male - Age: 9

#21 Boys 9-18 50 Free 59.19

#26 Boys 9-18 100 Free 2:13.10

 **12 Wlliams, Sophie** - Female - Age: 9

#4 Girls 9-18 100 Breast 3:00.50

 #6 Girls 9-18 50 Free 59.14